



Pony Racing Training Day
Rider Equipment & Tack List/Information for the day
October 2024



Jockeys:

2 x copies of your rider number and a number bib or tape to attach a number to the front and back of the jockey.

Sensible riding clothes with boots / boots and chaps. Any colour breeches.
No hoodies, jewellery or fixed peak caps. Hair to be securely tied back.

We follow the same rules as the Pony Club for Back Protectors and Hats.

Every rider's Body Protector must conform to 2019 BETA Level 3. Further information can be found here:
<https://resources.pcuk.org/wp-content/uploads/2024/01/body-protector-rule-2024.pdf>

Body Protectors or 'back pads' must be worn when riding. No Body Cages or Air Jackets or modified Body Protector's permitted.

Riding hat's must conform to latest Pony Club safety standards. Further information can be found here:
<https://resources.pcuk.org/wp-content/uploads/2024/01/hat-rule-2024.pdf>

No fixed peaks please. Hats are advised for all sessions and must be worn when riding.

You do not need any special boots or a racing saddle but if jockeys wear racing boots they must do so with racing irons on their saddle. Normal riding boots should be worn with non-racing stirrup irons.
All footwear must have a smooth, thin sole & well defined heel (min 5mm) and check the stirrups are the right size for the riders boot with 7mm or ¼ inch clearance on either side of the jockey's boot.

Please make sure that all boots/chaps or gaiters are not too high around the children's/jockey's knees so that they can be comfortable riding with slightly shorter stirrups.

Waterproofs are always a good idea to bring in case of rain and children should arrive in their riding clothes ready to take part in the sessions.

Goggles and gumshield permitted but not compulsory. Whips are not used in pony racing.

Ponies:

Your pony's passport with up to date vaccinations and microchip number.

Please note - to register with the PRA, ponies must be on a 6 monthly vaccination programme, in line with the British Horseracing Authority's vaccination rules. You can find out more about them and view when your pony should be vaccinated to comply with these rules here: <https://vaca.horseracing.software/>

The Pony Club advise 6-monthly vaccinations but some Pony Club Pony Race Days only require annual vaccinations. Please see the individual race day schedule when it is published. For help with vaccinations, please speak to the PRA Representative at your Training Day or email info@ponyracingauthority.co.uk

Children should be confident and secure riding in the saddle used and many children train and race in GP saddles. We do ask that you have an overgirth and neckstrap/irish martingale or an overgirth and a running/bib martingale. Neckstraps may also be worn with a running or bib martingale! Number cloths are provided for races but are not used on Training Days. Please just bring your normal numnah or saddle pad.

Overgirth – correctly fitted with strap pointing down on the near side of the pony and buckle end coming underneath the pony and up the near side, fastened below the rider's foot. Must be secured in the girth area to avoid it slipping back

Neck Strap – compulsory if no Running Martingale worn and in such circumstances to be worn with an Irish Martingale. Can also be worn alongside a Running Martingale. (Bib or Standing Martingale's also permitted)

Normal GP saddles are absolutely ok to pony race in but if you are using a racing saddle, it must be a minimum of 16" (40.6cms) in length & weigh a minimum of 3lbs including leathers, correct irons, overgirth and girth. You must also wear a racing breastplate or breastgirth with a racing saddle.

Stirrups – Stirrups which include metal/metal type treads including but not limited to those with protruding spikes and/or perforated grips will not be allowed for pony racing in 2023. Again, children wearing racing boots must use racing irons.

Further guidance on stirrups can be found here:

<https://resources.pcuk.org/wp-content/uploads/2023/12/stirrup-rule-2023.pdf>

Reins - Please have either stitched or buckled reins (no billets please).

Check they are not so long that they might get caught around the rider's foot. You might wish to bring stirrup leathers which can have more holes put in if necessary.

We advise that reins are unbuckled, knotted at the ends and then re-buckled. Taped reins may be used on a Training Day but not for racing.

Bit - Any Veterinary Surgeon approved bit (no hackamore) but must be safe and well fitted.

It is your responsibility to check the above properly. A pony presented with badly fitting or unsafe tack may be withdrawn by the PRA / PC Steward or the Organiser

For the future, please know that the following are NOT PERMITTED in pony racing:

- Any form of advertising, branding or sponsorship on pony, rider or attendant
- Grass Reins
- Support Balance Reins
- Bandages
- Blinkers
- Ear Plugs
- Eyecovers
- Eyeshields
- Spurs
- Jewellery
- Nasal Strips
- Nickel Bits or Stirrup Irons
- Prickers
- Visors
- Watches
- Whips
- Seat Savers
- Sheepskin cheek pieces
- Tongue Ties
- Hackamore Bits
- Shoes with protrusions on the ground surface other than calkins or studs on the hind limited to 3/8" in height
- Head Cameras or any other recording equipment unless requested by the PRA.

For tack and rider equipment on a **Race Day** and to be worn for PRA races, please view see the following link:

<https://www.ponyracingauthority.co.uk/get-racing/what-you-will-need/>

Please also take the time to view the PRA's 2024 Regulations:

<https://www.ponyracingauthority.co.uk/rules-and-regulations/>

The regulations for 2025 will be available later in the year.

Any queries or questions, please contact Verity at verity@ponyracingauthority.co.uk