



What Do I Need for a PRA/PC Pony Racing Training Day?



Jockeys:

2 x copies of your rider number and a number bib or tape to attach a number to the front and back of the jockey. The number to use will be given on the information sent out closer to the time.

Sensible riding clothes with boots / boots and chaps.

Any colour breeches.

No hoodies, jewellery or fixed peak caps. Hair to be securely tied back.

Body Protectors or 'back pads' and Riding Hats must be worn when riding. No Body Cages or Air Jackets or modified Body Protector's are permitted.

Every rider's Body Protector must conform to BETA 2018 Level 3 standard or 2019 BETA Level 3 and Riding Hats must conform to the latest Pony Club safety standards. Further information is available on Pages 12 and 13 of the 2024 PRA Regulations:

https://www.ponyracingauthority.co.uk/wp-content/uploads/2023/12/66986_PRA-Regulations-2024-1.pdf

No fixed peaks on riding hats please. Hats should be worn for all sessions.

You do not need any special boots or a racing saddle but if jockeys wear racing boots they must do so with racing irons on their saddle. Normal riding boots should be worn with non-racing stirrup irons.

All footwear must have a smooth, thin sole & well defined heel (min 5mm) and please check the stirrups are the right size for the rider's boot.

Please make sure that all boots/chaps or gaiters are not too high around the children's/jockey's knees so that they can be comfortable riding with slightly shorter stirrups.

Waterproofs are always a good idea to bring in case of rain and children should arrive in their riding clothes ready to take part in the sessions.

Goggles and gumshield permitted but not compulsory. Whips are not used in pony racing.

Ponies:

Your pony's passport with up to date vaccinations and microchip number - The rules for the vaccination of Equine Influenza in racing have changed and all ponies taking part in Point-to-Point Pony Racing and the Racecourse Series will need to be vaccinated in line with the BHA's Vaccination Code. Each Training Day might have different requirements for pony's attending. Please do check before entering!

Saddle - Children should be confident and secure riding in the saddle used and many children train and race in GP saddles. If you are using a racing saddle, it must be a minimum of 16" (40.6cms) in length & weigh a minimum of 3lbs including leathers, correct irons, overgirth and girth. You must also wear a racing breastplate or breastgirth with a racing saddle.

Stirrups – Stirrups which include metal/metal type treads including but not limited to those with protruding spikes and/or perforated grips are not allowed in pony racing. Again, children wearing racing boots must use racing irons. You might wish to bring stirrup leathers which can have more holes put in if necessary but they will not be riding with incredibly short stirrups!

Overgirth – correctly fitted with strap pointing down on the near side of the pony and buckle end coming underneath the pony and up the near side, fastened below the rider's foot. The overgirth be secured in the girth area to avoid it slipping back.

Irish, Running, Standing or Bib Martingale

Neck Strap – compulsory if no Running Martingale worn and in such circumstances to be worn with an Irish Martingale. Can also be worn alongside a Running Martingale. (Bib or Standing Martingale's also permitted).

Bridle – Normal bridles are used for pony racing.

Reins - Please have either stitched or buckled reins (no billets please).

Check they are not so long that they might get caught around the rider's foot. We advise that reins are unbuckled, knotted at the ends and then re-buckled. Billetered reins may be taped on a Training Day but not for racing.

Bit - Any Veterinary Surgeon approved bit (no hackamore) but must be safe and well fitted.

It is your responsibility to check the above properly.

A pony presented with badly fitting or unsafe tack may be withdrawn by the Organiser.

For the future, please know that the following are NOT PERMITTED in pony racing:

- Any form of advertising, branding or sponsorship on pony, rider or attendant
- Grass Reins
- Support Balance Reins
- Bandages
- Blinkers
- Ear Plugs
- Eyecovers
- Eyeshields
- Spurs
- Jewellery
- Nasal Strips
- Nickel Bits or Stirrup Irons
- Prickers
- Visors
- Watches
- Whips
- Seat Savers
- Sheepskin cheek pieces
- Tongue Ties
- Hackamore Bits
- Shoes with protrusions on the ground surface other than calkins or studs on the hind limited to 3/8" in height
- Head Cameras or any other recording equipment unless requested by the PRA.
- Stirrups with metal or grater style treads

For tack and rider equipment on a Race Day, please view see the following link:

<https://www.ponyracingauthority.co.uk/get-racing/what-you-will-need/>

Please also take the time to view the PRA's Regulations:

<https://www.ponyracingauthority.co.uk/rules-and-regulations/>

Any queries or questions, please contact Verity on 07887 541 571 or verity@ponyracingauthority.co.uk